



RURAL SERVICE AGENCY (RSA)
 SENIOR CITIZEN'S HOME –IPSR.C

Project id : IP/MN/IME/00436.

Name of Scheme: Atal Vayā Abhyuday Yojana (AVYAY).

Laiching Nongpok Kakching, Imphal East District, Manipur – 795010 Thoubal Dam Road.

DAILY FOODING CHART

DAY	MORNING	LUNCH	DAY-TIME REFRESHMENT	DINNER.
SUNDAY	TEA, ROTI	RICE, OOTI/KIDNEY BEAN, FRIED (VEG) AMETPA / PICKLE	BLACK TEA, BISCUIT/ KHEER FRUITS.	RICE, CURRY (VEG) ,EROMBA / VEGETABLE CHUTNEY
MONDAY	TEA, CHAPATI, EGG	RICE, DAL (MASOOR), FRIED (VEG) KANGHOU	BLACK TEA, FRUITS, SNACKS	RICE, VEGETABLE STEW (CHAMTHONG), PAKORA / PAKNAM / PAPAD
TUESDAY	TEA, ROTI, HALWA	RICE, DAL (ARHAR)/URAD DAL (SAGOL-HAWAI) AMETPA / PICKLE, PAPAD	BLACK TEA, SNACKS BANANA	RICE, CURRY (VEG) FRIED (VEG), AMETPA / PICKLE
WEDNESDAY	MILK TEA, CHAPATI	RICE, DAL (YELLOW SPLIT PEAS(KANGTAK)) AMETPA/ PICKLE/ CHAMPHUT(VEG BOILED)	BLACK TEA, BISCUIT, KHEER	RICE, VEGETABLE STEW (CHAMTHONG), AMETPA/ / PICKLE
THURSDAY	TEA, PURI	RICE, DAL (MOONG) FRIED, CHICK PEAS DAL, (CHANA & VEG) MILK LIQUID & BANANA	MILK TEA, FRUITS, SNACKS	RICE, CURRY (VEG) , KANGSHU (VEGETABLE SALAD)
FRIDAY	TEA, CHAPATI, BANANA	RICE, CURRY (FISH)/ FRIED, IROMBA (VEG)/CHUTNEY.	BLACK TEA, SNACKS, FRUITS	RICE, VEGETABLE STEW (CHAMTHONG), PAKORA / PAKNAM
SATURDAY	TEA, ROTI	RICE, PAKORA /DAL ,RICE BEAN/MATAR DAL/ VEG(IROMBA)/CHUTNEY	BLACK TEA, BISCUIT	RICE, EGG CURRY, VEG. IROMBA/CHUTNEY.

Secretary
 Rural Service Agency



SENIOR CITIZEN HOME LAICHING NONGPOK KAKCHING IMPHAL EAST - DISTRICT, MANIPUR

Web address : www.ruralserviceagency.com

OFFICE ADDRESS :- RURAL SERVICE AGENCY (RSA),
PALACE COMPOUND, IMPHAL EAST, MANIPUR -795001

KITCHEN DETAILS 2024-2025

Sl-no.	Items	Nos.	Remark
1	Cooking Gas Frame with Two Cylinder	1	
2	Water Filter	4	
3	Water Storage Tank (500 ltr) + (1000 ltr)	3	
4	Water Storage Container (200 ltr)	1	
5	Water Heating Boiler (2 ltr)	1	
6	Oven (19 ltr)	1	
7	Water Container (Korfu)	3	
8	Cooking Pot	3	
9	Rice Cooker	1	
10	Steel Rice Plates	45	
11	Steel Tumblers	45	
12	Wooden Roti Roller	1	
13	Frying Pan	4	
14	Bucket	4	
15	Dish Rack	4	
16	Grinder	1	
17	Cooking Spoons	6	
18	Serving Spoons	60	
19	Knife	4	
20	Pressure Cooker (7 ltr)	2	
21	Plastic Chairs	15	
22	Iron Godrejs	3	
23	Washing Machine	1	
24	Television	1	
25	DVD Player	2	
26	Solar Plate	1	
27	Plastic Tables	8	
28	Any other necessary item etc		